



## **Hélène Racine appointed Associate Director of the Mental Health and Addiction Program**

I am pleased to welcome Hélène Racine as Associate Director of the Mental Health and Addiction Program for the *Centre intégré universitaire de santé et de services sociaux (CIUSSS) du Centre-Ouest-de-l'Île-de-Montréal*.

In this new role, Ms. Racine will be responsible for developing the range of services as well as for the planning, organization, control and evaluation of clinical services grouped under mental health, addiction and psychiatry. She will work in partnership with clinical managers so the organization of work and the provision of care are of a high quality and respond to the needs of patients, clients and residents.

Previously, Ms. Racine was Director of Nursing and Co-Director of Quality and Risk Management, as well as Research Associate, at the Douglas University Mental Health Institute. She has also served as President of the Montreal Regional Nursing Commission (CIR) and worked as a senior consultant with the Montreal WHO (World Health Organization) Collaborating Centre for Research and Training in Mental Health.

Ms. Racine has established strategic partnerships at the local, national and international levels in order to support the development of mental health nursing; interdisciplinary practice; and risk and quality management in mental health services. She was also an active participant in research geared toward improving the continuum of patient care from prevention to recovery. Ms. Racine is part of three research teams, funded by the Canadian Institutes of Health Research. They have been working toward optimizing mental health services and interdisciplinarity, suicide prevention, and family/community organizations that were collaborating to address aggression management.

Ms. Racine holds a Bachelor's degree in Nursing from McGill University, as well as a Master's degree of Science in Nursing from the University of Montreal and a Master's degree in Public Administration from the University of Public Administration (ENAP).

"In this new position, I am looking forward to drawing from my expertise and working with teams to contribute to the transformation of our healthcare network," says Ms. Racine. "Collectively, our goal is to provide an exceptional experience for people in need of mental health services from our CIUSSS experts and institutions. The support, care and services we will offer is based on the highest level of knowledge and practice in the field of mental health."

Together with Ms. Racine, the rest of the management team, and in partnership with all of the institutions in our network, I am eager to embark on this new era in health care. Her extensive work in clinical, research and management functions, matched with her dedication to making advancements in mental health, will benefit our entire CIUSSS. It is clear that her focus is on optimizing the continuum of care so patients can receive the services they need in the most appropriate and convenient settings. In turn, these efforts will ensure that patients see the staff that can offer the best care and treatment given their healthcare needs. See the full list of appointments: <http://jgh.ca/en/CIUSSS-Administration>

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